



*FORKids
Backpack
Program
Shopping List*

Look for healthy, single-serving meal items and snacks! Peanut free is best.

- Individual Cereal Boxes
- Cereal Bars
- Juice Boxes (not pouches; 100% real juice)
- Beanies & Weenies (flip top cans)
- Microwaveable pasta cups (Chef Boyardee)
- Easy Mac & Cheese Packets
- Cup of Soup (not spicy)
- Fruit Cups
- Fruit leather
- Pudding Cups

**Thank you for helping the
Thurston County Food Bank
end hunger in our community!**



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